

Heathgate Medical Practice

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Sharing your health records – making your choice (opting out)

The NHS uses information about patients (patient data) to research, plan and improve the services it offers, and the treatment and care patients receive. This data is collected from us at the GP Surgery, along with that from hospitals, and other healthcare providers. The organisation that collects your data is called NHS Digital. You can find out about NHS digital at <https://digital.nhs.uk/about-nhs-digital/>

To help improve services, NHS Digital shares this data with researchers from organisations such as universities or hospitals. This type of data sharing has been happening for many years. All the data that is collected and shared is protected by strict rules around privacy, confidentiality, and security. NHS Digital never sells patient data or share it with insurance companies or marketing companies.

You can opt out of sharing your data and can choose whether your data is used for research and planning. There are two different types of data sharing opt outs.

Opt out type 1

Stop your GP surgery from sharing your data

A type one opt out will not allow us at the surgery to share your GP data for the purposes of research and planning. This opt out does not affect us sharing data for your personal care and treatment.

To opt out you will need to fill in **this form and return it to the surgery**. We will mark a special code on your GP record indicating that you have opted out of sharing your GP data for the purposes of research and planning.

Patient name	
Date of birth	

	Tick
I do not allow my identifiable patient data to be shared outside of the GP Practice for purposes except my personal care and treatment. GP Practice code 827241000000103	

National data opt out – known as opt out 2

Stop NHS Digital and other healthcare organisations from sharing your data for research and planning

If you chose this opt-out, NHS Digital and **other** health and care organisations will not be able to share any of your personal data with organisations for research and planning, except when required by law. To register your opt out preference visit:

www.nhs.uk/your-nhs-data-matters/manage-your-choice